



**– PART TWO –**  
**Creating Millionaire Habits Right Where You Are**  
**What are Your Behaviors?**

**EXERCISE 1**

Below are habits of the 75% - 88% self-made Millionaires. How do you measure up?

<b>Millionaire Habit</b>	<b>Is this YOUR Habit?</b>	<b>Steps to Take to Change YOUR Habit into a Millionaire Habit</b>
80% of wealthy are focused on accomplishing a single goal vs 12% of the non-millionaires		
76% of wealthy exercise aerobically four days a week vs 23% of the non-millionaires		
63% of wealthy listen to audio books during commute to work vs 5% of the non-millionaires		
81% of wealthy maintain a to-do-list vs 19% of non-millionaires		
63% of wealthy parents make their children read two or more non-fiction books a month vs 3% of non-millionaires		
70% of wealthy parents make their children volunteer 10 hours a month or more vs 3% of non-millionaires		
80% of wealthy make Happy Birthday calls vs 11% of non-millionaires		
67% of wealthy write down their goals vs 17% of non-millionaires		
88% of wealthy read 30 minutes or more each day for education or career reasons vs. 2% of non-millionaires		
6% of wealthy say what's on their mind vs. 69% of non-millionaires.		



Below are habits of the 75% - 88% self-made Millionaires. How do you measure up?

79% of wealthy network five hours or more each month vs. 16% of non-millionaires		
67% of wealthy watch one hour or less of TV every day vs. 23% of non-millionaires		
6% of wealthy watch reality TV vs. 78% of non-millionaires		
44% of wealthy wake up three hours before work starts vs. 3% of non-millionaires		
74% of wealthy teach good daily success habits to their children vs. 1% of non-millionaires		
84% of wealthy believe good habits create opportunity luck vs. 4% of non-millionaires		
76% of wealthy believe bad habits create detrimental luck vs. 9% of non-millionaires		
86% of wealthy believe in lifelong educational self-improvement vs. 5% of non-millionaires		
86% of wealthy love to read vs. 26% of non-millionaires		